compassion. To that end, H.R. 36 protects the unborn child from being aborted after 20 weeks of gestation.

Medical science tells us that the baby fights for survival in a second or third trimester abortion. He or she recoils in pain at the poison intended to stop their heart and the clamps used to dismember their tiny little body. We cannot deny this evidence. We must not look the other way.

While we show compassion to mothers who are facing difficult decisions, we must also protect the babies who are surely counted among the "least of these." Who will be their voice? God forbid if we don't speak out.

Martin Luther King, Jr., said:

"Our lives begin to end the day we become silent about things that matter"

□ 1015

When this final page of human story is turned, what will we have done to embrace justice, to love mercy, and be a voice for those who have none?

The American people have grown weary of the rhetoric in D.C. Attention and being aware is good, but there comes a time when we have to move from the awareness stage to the action steps. Today is that time.

I urge my friends on both sides of this Chamber to break the silence, to stand up for life, and support H.R. 36, the Pain-Capable Unborn Child Protection Act.

BUDGET CUTS FOR THE SUPPLE-MENTAL NUTRITION ASSIST-ANCE PROGRAM

The SPEAKER pro tempore. The Chair recognizes the gentleman from Massachusetts (Mr. McGovern) for 5 minutes.

Mr. McGOVERN. Mr. Speaker, a few weeks ago, MomsRising, a national grassroots organization of moms, delivered a petition signed by more than 25,000 moms from all across the country urging this Congress not to cut SNAP in the fiscal year 2016 budget.

Every Member of this House received the petition signed by moms in their districts. Today, that petition has grown to nearly 50,000 signatures, and it keeps on growing. This is just the latest petition from MomsRising urging Congress to prioritize children in the budget and protect SNAP from cuts and other structural changes.

I want to share one of the stories from a mom. Monique from Ohio writes:

I was raised to always work and so was my husband. We have tried to instill this in our daughter, even going so far as to work opposite shifts and have family babysit if there was an overlap. When my husband was laid off 2 years ago and then couldn't find work, I tried my best to keep us floating on just my income, walking to work because I didn't have the bus fare, often having \$20 or less after paying the bills to feed my family for a week.

I resisted getting on welfare, having been raised never to take a handout. My pastor

was the one who pointed out that I had already paid for that right through my taxes over several decades.

Since signing up for SNAP benefits, I can feed my family filling, nutritious meals again. Of course, my husband is still looking for work, and that will pick up the slack again if he gets work, and once he finds it, we will happily forego the benefits again. Until then, all I can say is thank God and the government for having a safety net in place.

Unfortunately, Monique's story is not unique, but it shows that, without SNAP, her family would have been much worse off during these tough times.

One in five children in the United States experiences hunger. Without the Supplemental Nutrition Assistance Program, or SNAP, that number would sadly be much higher. Already, nearly half of all SNAP participants are children under the age of 18—nearly half, Mr. Speaker.

This is despite the fact that SNAP households with children have high work rates. Families with children who are working continue to earn so little that they still qualify for SNAP, and they will struggle to put food on the table.

Mr. Speaker, we know that hunger can lead to a myriad of negative outcomes for children. From health problems and compromised immune systems, to poor nutrition, to an inability to concentrate and succeed in school, childhood hunger means kids suffer.

Despite these sobering statistics, the Republican budget resolutions passed by the House and Senate made draconian cuts to SNAP and other critical programs to help poor children and their families

The budget conference report only makes these cuts worse. It builds upon the \$125 billion cut to SNAP in the House budget. To achieve a cut of that magnitude by block granting the program and capping its allotment means that States would be forced to cut benefits or cut eligible individuals and families off the program. There are simply no good choices. In short, it would make hunger worse in America, much worse.

Mr. Speaker, SNAP is one of the only remaining basic protections for the very poor. For many of the poorest Americans, SNAP is the only form of income assistance they receive. SNAP provides food benefits to low-income Americans at a very basic level. SNAP benefits are already too low. They average less than \$1.40 per person, per meal. We should not be balancing the Federal budget on the backs of the poor and working families. We should not be making childhood hunger worse in America.

I commend MomsRising for their leadership and for taking action to protect SNAP and ensure that all children have access to healthy, nutritious foods.

Later today, MomsRising will start a Twitterstorm under the #missionpossible to highlight how building a strong economy for women, families, and the Nation is mission possible with policies to protect SNAP, promote healthy nutrition, guarantee paid sick days, require equal pay for equal work, and make child care more affordable. These are economic security priorities that boost our families and our economy.

As the old adage goes, "Mother knows best." We should listen to our moms, especially as we gather only a few days after Mother's Day. We should be strengthening families' economic security, and we should be working to end hunger now, not making it worse.

PROTECTING THE UNBORN

The SPEAKER pro tempore. The Chair recognizes the gentleman from Arizona (Mr. FRANKS) for 5 minutes.

Mr. FRANKS of Arizona. Mr. Speaker, for the sake of all those who founded this Nation and dreamed of what America could someday be and for the sake of all those since then who have died in darkness so America could walk in the light of freedom, it is so very important for those of us who are privileged to be Members of this Congress to pause from time to time and remind ourselves of why we are really all here.

Thomas Jefferson, whose words marked the beginning of this Nation said:

The care of human life and its happiness and not its destruction is the chief and only object of good government.

The phrase in the Fifth Amendment capsulizes our entire Constitution. It says:

No person shall be . . . deprived of life, liberty, or property without due process of law.

The 14th Amendment says:

No State shall . . . deny to any person within its jurisdiction the equal protection of the laws.

Mr. Speaker, protecting the lives of all Americans and their constitutional rights, especially those who cannot protect themselves, is why we are all here; yet today, Mr. Speaker, a great shadow looms over America because more than 18,000 very late-term abortions are occurring in America every year, placing the mothers at exponentially greater risk and subjecting their pain-capable unborn babies to torture and death without anesthesia or Federal protection of any kind in the land of the free and the home of the brave, and it is the greatest human rights atrocity in the United States today.

Almost every other civilized nation on this Earth, Mr. Speaker, protects pain-capable unborn babies at this age, and every credible poll of the American people shows that they are overwhelmingly in favor of protecting them; yet we have given these little babies less legal protection from unnecessary cruelty than the protection we have given farm animals under the Federal Humane Slaughter Act.

Mr. Speaker, it seems we are never quite so eloquent as when we decry the